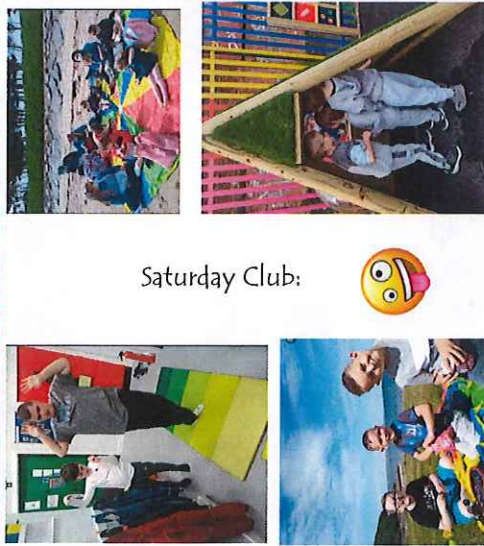


Kids Den:



Saturday Club:



Halloween craft with the pumpkins donated by TESCO Newtownbreda.



Newsletter Christmas 2021



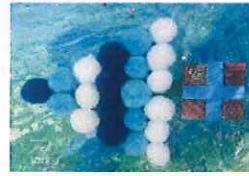
MD's message:

*"She was calm, helpful and reassuring in what was a very stressful situation for me and my child. I wanted to let you know that (Sólás staff member) made such a difference to me this evening and I really appreciated her support."* (Mum to 7 year old accessing our afterschool ASD programme –Nov '21)

*"Never once have I ever worried about my boys because I knew they were getting well looked after and given the support they needed. Nothing has ever been too much bother and as a parent of two children with additional needs this is exactly what is needed in times of crisis".* (Mum of two boys with complex needs, accessing our Afterschool and Respite services – Nov '21)

I think the above feedback says everything about what Sólás is about, and how staff here are so committed, invested and compassionate in caring for our families, children and young people, despite the challenges, inspite of COVID and regardless of the myriad of other barriers that have been put along our pathway over the past year.

This is a 'Can Do' organisation, characterised by hard work, patience, resilience and reflection. I am exceptionally proud of every single member of the team, including staff and volunteers, and very privileged to lead them. I would like to use this opportunity to personally thank each and every one of them for their efforts, and to remind them, that their work over the past year has made life



that little bit lighter for someone else.  
cont.

After Schools Club:



Siblings programme:





Summer Scheme:



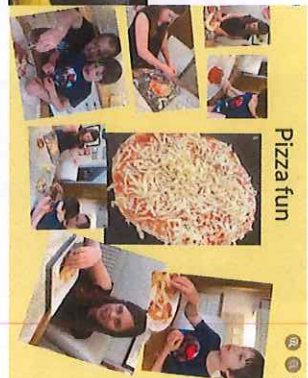
*MD's message cont:*

People come here because they are committed to making a difference. There is no doubt that it is hard work. There are days when all you want to do is run away. A bit like the Irish weather, where you experience all four seasons in the one day, here in Sólás you can experience every human emotion in the same day, from tears to ecstasy, physical pain to emotional pain, anger to joy and frustration to pride. The resilience that team Sólás embraces is invigorating, energising and motivating. As we come towards Christmas 2021, I can see clearly that staff are tired and fatigued. I am also very confident however, that following a good break at Christmas, the Sólás team will face 2022 with renewed energy, vigour purpose and pride, and will continue to deliver exceptional care and educational support to those we serve.

Dr Joan Henderson



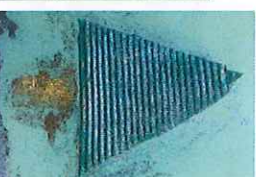
Youth Club:



Pizza fun



A very happy welcome to You



Big 'Thank you' for Sharon McKraken, who has been fundraising for Sólás running Belfast Marathon '21!



**Sólás Christmas Opening times**

We're closed from **Thursday 23rd December 2021** and reopen for children on **Thursday 6th January, 2022**. The Saturday club reopens on the **9th January, 2022**.



Early Years:



We would like to wish all our service users, staffs and volunteers a Happy and Peaceful Christmas & New Year!